

Framing and composition

Composition: what is in the frame and where it's located.

Rule of thirds

Leading lines Use the natural lines of the environment to draw the viewer's eye where you want them to look

Balance

Head room Make some space for the main subject's head in an interview

Looking room Make some space in the direction the subject is looking at

Symmetry

Depth Can be achieved by opening up your camera's aperture and blurring the background. Also by making physical distance between the subject and background, like not shooting right in front of a wall.

Framing Finding artificial frames like windows, boxes, furniture creates interesting depth, gates, stairways.

Credits

"7 Rules of Cinematic Framing and Composition" by Kellan Reck

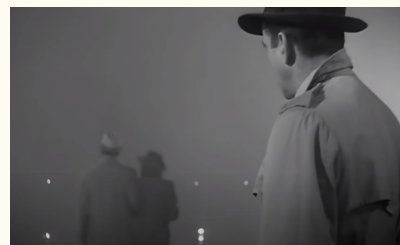
Rule of thirds



Balance



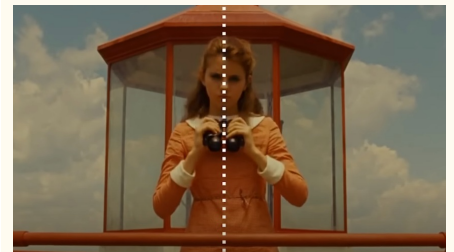
Depth



Leading lines



Symmetry



Framing

