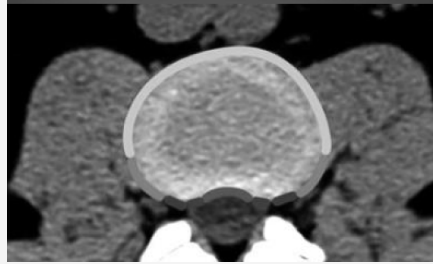


Risk Factors

- Age <50 years old
- Repetitive stress
- At the Cx lordosis, discs are thinner posteriorly
- IV Foramina decrease in size caudally from C2-C3 - C6-C7
- Most disc herniations occur at C5-6/C6-7

Classification



Red = Central

Blue = Subarticular

Green = Foraminal

Orange = Lateral

Yellow = Anterior



By **Siffi** (Siffi)
cheatography.com/siffi/

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